

## Vegetable CSA Commitment Plans

Full Year Commitment	1st Payment	2nd Payment	3rd Payment	4th Payment
Payment Date	Feb 1, 2017	May 1, 2017	Aug 1, 2017	Dec 1, 2017
1 Payment	\$1,000.00	\$0.00	\$0.00	\$0.00
2 Payments	\$550.00	\$0.00	\$450.00	\$0.00
4 Payments	\$300.00	\$300.00	\$250.00	\$150.00
	<b>Payments 1-3</b>	<b>Payments 4-6</b>	<b>Payments 7-9</b>	<b>Payments 10-12</b>
12 Payments (1st of each month)	\$100.00	\$90.00	\$85.00	\$60.00
<b>Session 1 Commitment (February - May)</b>	<b>1st Payment</b>	<b>2nd Payment</b>	<b>3rd Payment</b>	<b>4th Payment</b>
Payment Date	Feb 1, 2017	Mar 1, 2017	Apr 1, 2017	May 1, 2017
1 Payment	\$375.00	\$0.00	\$0.00	\$0.00
2 Payments	\$200.00	\$0.00	\$175.00	\$0.00
4 Payments	\$100.00	\$100.00	\$100.00	\$75.00
<b>Session 2 Commitment (June - September)</b>	<b>1st Payment</b>	<b>2nd Payment</b>	<b>3rd Payment</b>	<b>4th Payment</b>
Payment Date	Jun 1, 2017	Jul 1, 2017	Aug 1, 2017	Sep 1, 2017
1 Payment	\$500.00	\$0.00	\$0.00	\$0.00
2 Payments	\$300.00	\$0.00	\$200.00	\$0.00
4 Payments	\$150.00	\$150.00	\$125.00	\$75.00
<b>Session 3 Commitment (October - January)</b>	<b>1st Payment</b>	<b>2nd Payment</b>	<b>3rd Payment</b>	<b>4th Payment</b>
Payment Date	Oct 1, 2017	Nov 1, 2017	Dec 1, 2017	Jan 1, 2018
1 Payment	\$375.00	\$0.00	\$0.00	\$0.00
2 Payments	\$200.00	\$0.00	\$175.00	\$0.00
4 Payments	\$100.00	\$100.00	\$100.00	\$75.00
<b>Special Offers</b>				
Add 1 Month to any Session	\$75.00			
Sign up for Session 2 by April 15	Begin CSA Pick-ups in May at no additional cost!			

### More Information on Payments

Please bear in mind that you are committing to pay for the entirety of whichever session you commit to; our farm plans on and is reliant upon this commitment.

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Additionally, we want to make healthy food accessible to as many people as possible. Therefore, we are open (and greatly appreciate) barter and work-trade shares. We can work with most situations to find a way for you to receive our produce.

## 2017 - 2018 Community Supported Agriculture (CSA) Information



Local Organic Vegetables, Seed,  
Meat & Dairy

### About Meadowlark Hearth

Meadowlark Hearth is a 520 acre farm just outside of Scottsbluff. All our vegetables are Certified Organic (grown without the use of chemical pesticides, herbicides or fertilizers). We cultivate over 45 varieties of vegetables and more than 30 vegetable seed varieties each year. Selecting our own seed stock - choosing varieties for flavor, nutrition, beauty and other qualities - is one of the many ways we've advanced our vegetable farming. We are deeply committed to healthy and delicious food! Other highlights of the farm are a micro dairy, laying hens, a working dog and a drove of friendly cats. The farm takes a tremendous amount of energy and input to maintain. Please become a part of our community and preserve sustainable farming while supporting local business!

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## ***What is a CSA Share?***

CSA stands for Community Supported Agriculture, which started in the 1980's as a way for people to reconnect with where their food comes from. Members pay for a share in a farm's projected crop and in return received fresh produce, essentially reaping the benefits of fresh local food along with sharing the risks of production with the farm. This is a great way to create local connections and foster a deeper sense of community in the area. Our shares include over 45 different varieties of in-season vegetables, all picked at their ripest stage and ready for eating. This will provide you with all the vegetables you're used to and maybe some new and exciting ones you might have seen on a cooking show. During the winter we also feature a selection of storage vegetables. In addition to picking up vegetables, meat, or milk, we welcome members to come by any time. It can be just like having your own farm where you can teach children how food grows!

### ***Ten Minutes from Scottsbluff!***

Heading east on Hwy 26 from Scottsbluff (driving towards Minatare), Meadowlark Hearth Farm is located 3 miles east of the sugar factory on the left hand side of the highway. Turn north onto County Rd 26 and we're the first farm on the left.

### ***How Does Membership Work?***

Our members make a commitment of farm support, decide their payment schedule, and whether to pick up on Fridays or Mondays. Pick up times are between, 4:30-6:30pm, however we can also be flexible for you if necessary. You will receive an email on the day of the pick-up. Just bring a tote and choose the vegetables on display a la carte style. Portions are listed if necessary. Contact us for more information and to sign up!

### ***Also Available through Meadowlark Hearth Farm...***

Contact us for more information on availability and pricing for these products:

**VEGETABLE SEED** An abundant diversity of organic seeds and starter plants for the gardener in the house! Grown right here in W. Nebraska. Check out [meadowlarkhearth.org](http://meadowlarkhearth.org) for more information and to order.

**GRASS-FED/GRASS-FINISHED BEEF** Wholesale (wholes, halves, or quarters) and retail priced cuts available. *Members receive 7% off all beef!*

**FRESH MILK** Our grass-fed dairy provides raw milk, available for onsite pickup.

**FRUIT** We order 20lb. boxes of organic autumn PEACHES or APPLES from Ella Family Farm on Colorado's western slope.



## **Meadowlark Hearth Farm Vegetable List**

### ***Session 1 — Biweekly Shares February - May***

Carrots, Beets, Cabbage, Celeriac, Garlic, Onions, Storage Radish, Turnips, Parsnips, Potatoes, Chinese Cabbage, Winter Squash, Leeks, & Shallots.

**Added in Spring:** Greenhouse Lettuce, Spinach, Pac Choi, & Endive.

### ***Session 2 (Summer Only) — Weekly Shares June - September***

**June:** Lettuce, Spinach, Basil/Dill/Cilantro, Snap Peas, Radish, Cabbage, Zucchini, Swiss Chard, Kohlrabi, Green Onions, & Early Greens.

**July:** Everything above in addition to Cucumbers, Carrots, Green Beans, Beets, & Salad Tomatoes.

**August:** Everything above in addition to Sweet Peppers, Tomatoes, Melons, Onions, Garlic, & Fennel.

**September:** Everything above in addition to Winter Squash, Storage Cabbage, Turnips, Leeks, Kale, Rutabaga, Chinese Cabbage, & Potatoes.

### ***Session 3 — Biweekly Shares October - January***

Carrots, Beets, Cabbage, Celeriac, Garlic, Onions, Storage Radish, Turnips, Parsnips, Potatoes, Leeks, Shallots, & Winter Squash.

**In Fall:** Any remaining vegetables from Session 2 in the Summer, until hard frost.